

Destiny Huff Consulting Newsletter

June

*Destiny will be presenting

Upcoming Events

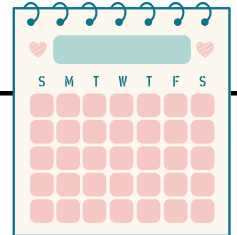
Parapro Training w/ Dr. Max Weinberg* - June 13, 2025

#AutisticOutLoud - June 4th, June 11th, *June 18th, June 25th, & July 2nd

Back to School Neuroaffirming IEPs Webinar* - July 15, 2025

July 2025 - Stay Tuned

- **Autism Little Learners Summit***
- **Couples and Co-Parenting Summit presented by Autism In Black***



Tips

- **Take a Break** - If you're like me, the school year can be stressful. Honestly, every day that my children are at school comes with a mix of hope and worry—will they have a good day, a safe day, a comfortable day? Will I get a call, an email, a message saying something went wrong? It's a constant hum in the background of everything else. So if today is quiet—no calls, no emails, no texts—take a deep breath. Let yourself enjoy that quiet moment. You deserve it.
- **Engage in Learning** - Once you've taken a break and had a moment to breathe, consider gently easing into some professional learning. Whether it's watching a webinar, listening to a podcast, or reading an article, small steps can help you feel more grounded and prepared for the school year ahead. Learning doesn't have to be overwhelming—it can be empowering, especially when it helps you better support your child or the students you serve.



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